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Places of Interest Near Nitte

Gomateshwara statue, Karkala: A 42 feet high monolithic granite statue of Lord Gomateshwara (Bahubali) was installed in 1432 A.D on a granite hill by the then ruling Jain Kings.

Chaturmukha Basadi, Karkala: Over looking the Gomateshwara statue on a granite hill is the Chaturmukha Basadi. It has four identical looking entrances from the four quarters. It has life size statue of three Teerthankaras, besides small images of all 24 Theerthankaras.

Jain Basadis, Moodabidri: Moodbidri, the 'Jain Kashi' is about thirty kilometers from Nitte. The town has 18 Jain 'Basadis' (Abode of God) all granite wonders with treasure troves of ancient inscriptions and carvings of which thousand pillared temple of Chandranatha is the major attraction.

St. Lawrence Church: Situated at the foothill of Parapale hill, Attur, Karkala which is more than two hundred years old.

Hiriyangadi Manasthamba: Which was erected about seven hundred years ago at Hiriyangadi, Karkala.

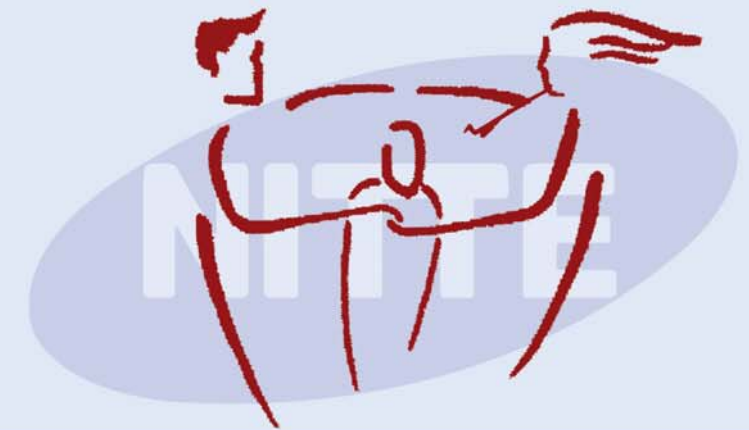
St Aloysius Church, Mangalore: The walls and roofs of the chapel are covered with paintings by the artist Antonio Moscheni of Italy. This was built in the year 1899-1900.



NITTE

INTERNATIONAL CONFERENCE on RURAL PSYCHIATRY ROAD LEAST TRAVELLED

18th - 20th September 2009



www.nittehealth.com

Organised by

NITTE RURAL PSYCHIATRIC SERVICES

(UNIT OF JUSTICE K. S. HEGDE CHARITABLE FOUNDATION
& K. S. HEGDE MEDICAL ACADEMY)

Sponsored by

NITTE UNIVERSITY

Venue:

Seminar Hall

Justice K. S. Hegde Institute of Management, Nitte

Sri. N. VINAY HEGDE

Chancellor
Nitte University

DR. NAVEEN CHANDRA

Director
NRPS, Nitte

Director : 9902084754

NRPS : 9663760862



Nitte Education Trust

Nitte Education Trust was founded in 1979 by the visionary Late Justice K S Hegde, former Justice of the Supreme Court of India and the former speaker of the Lok Sabha. The vision of Late Justice K S Hegde has been guiding and inspiring his son the benevolent entrepreneur Sri N Vinay Hegde, who has been spearheading the activities of the trust as its President and Chancellor of Nitte University. Today the trust in its ambit has a multi-campus educational setup of 28 institutions offering graduate, postgraduate and doctoral programs in various disciplines which includes medical and paramedical, dental, technology, pharmaceutical, hospitality and management.

About Nitte

Nitte is a picturesque village with a population of about 25,000 situated inland in the west coast of South India. With its scenic countryside environment at the foot-hills of the Western Ghats, Nitte presents an ambiance of absolute calm and tranquility.

It is about 50 km from Mangalore which has an international airport. Jet airlines and Kingfisher airlines fly daily from Mumbai, Chennai, Bangalore and Cochin. Mangalore is also connected by train and bus to Bombay, Bangalore, Chennai and Cochin.

About The Conference

In India, the practice of medicine has improved by leaps and bounds in the last 20-30 years. Psychiatry in the teaching hospitals and in the cities has caught up with the trend up to a degree. However, in the rural areas, it has lagged behind due to several reasons. These will be discussed in detail during the conference.

Psycho-pharmaco therapy has been the main stay of treatment in the rural areas as there are no community psychologists or counselors. The aim of the conference is to address this issue by inviting specialists from Australia, one of the developed countries. In the villages, emergency treatment has to be given by the general practitioners. The Key note speaker will discuss the management of such emergencies. Two important areas of psychiatry in the rural area are child-adolescent and alcohol problems. Both topics will be covered during the conference.

The aims of the Nitte Rural Psychiatric Project

In September 2007, a collaboration was established between Dr. Naveen Chandra (Retired Consultant Psychiatrist with 35 years of experience in Australia) and Sri. Vinay Hegde. The collaboration addresses the issue of lack of services within the local rural areas in Karkala Taluk, with these aims

- Treat patients in an out-patient clinic
- Start day hospital and community visits
- Support "at risk" population and families of the patients
- Provide community follow up and social- occupational rehabilitation
- Educate general public about mental health
- Improve general health and well being of psychiatric patients
- Generate support from local people and institutions
- If needed refer patients to appropriate facilities
- Give suggestions and advice in emergencies through telephone

Some of these aims have been achieved and is well documented in 2008 report.

RURAL PSYCHIATRY ROAD LEAST TRAVELLED

REGISTRATION FORM

Name:.....

Psychiatrist Psychologist

Social worker Psychiatric Nurse

Others (Specify)

Address :.....

.....

.....

Email.....

Contact number:.....

Mobile:.....

Name of the accompanying person:

.....

Accommodation required: Yes No

Dietary requirements:

.....

Flight, Train and Bus details for Travel

Arrival:

Date:.....Time:.....

Name of Bus / Train / Flight

.....

Departure:

Date:.....Time:.....

Name of bus/train/flight

Signature of the participant